

Off-Loading Guidelines and Selection Poster

A Resource Adapted From:

*The Management of Diabetic Foot Ulcers
Through Optimal Off-Loading*

*Building Consensus Guidelines and Practical
Recommendations to Improve Outcomes*

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Consensus Statements¹

Grade

1	The VIPs are essential to DFU healing. (vascular management, infection management and prevention, and pressure relief)	
2	Adequate off-loading increases the likelihood of DFU healing.	
3	The panel endorses the Charcot foot in diabetes consensus report ² The Charcot Foot in Diabetes ADA & APMA Guidelines Diabetes Care, 2011	
4	Total contact casting (TCC) is the preferred method for off-loading diabetic plantar foot ulcers, as it has most consistently demonstrated the best healing outcomes and is a cost-effective treatment.	
5	There currently exists a “gap” between the evidence supporting the efficacy of DFU off-loading and what is performed in clinical practice.	
6	The likelihood of DFU healing is increased with off-loading adherence.	
7	Advanced therapeutics are unlikely to succeed in improving wound-healing outcomes unless effective off-loading is achieved.	
8	The panel supports the development of a per-visit off-loading quality measure to address the gap between evidence of off-loading and its current use in clinical practice.	

The panel used the GRADE² approach to develop strength



High:
Further research is very unlikely to change confidence in the estimate of the effect



Moderate:
Further research is likely to have an important impact on confidence and may change the estimate



Low:
Further research is very likely to have an important effect on the confidence in the estimate and is likely to change the estimate



Very Low:
Any estimate of the effect is very uncertain

OFF-LOADING OPTIONS BY AMOUNT OF EVIDENCE AND CONDITION²⁻⁴

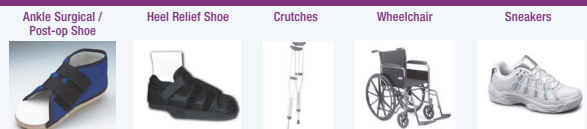
	Total Contact Cast*	CROW boot	Pre-fabricated walker	DH walker	IPOS shoe	Ortho wedge	Post Op shoe	Healing sandal	Reverse IPOS	L'nard splint	PTB brace	MABAL shoe
Dorsal digit							●					
Plantar digit		●	●	●	●	●		●				●
Plantar meta-tarsal		●	●	●	●	●		●				●
Medial metatarsal		●	●	●	●	●		●				●
Lateral metatarsal		●	●	●	●	●		●				●
Heel		●	●	●	●				●	●	●	●

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* Updated image with the market leading TCC System, TCC-EZ[®]

PROVEN CLINICAL EFFICACY FOR TCC – 7 RCTS (N=371)

TCC has a healing rate of about 90% within 5–8 weeks⁵⁻¹¹

FREQUENTLY USED OFF-LOADING DEVICES WITH NO EVIDENCE¹



Brought to you by:



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Patient information available at www.TCCPatient.com

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